



(800) 678-6203

Stoner Enterprises Inc & Stoner Quality Water Inc



**Cleaner, Safer  
Filtered Water**



# Summer 2024 Guide

July 🍓 August 🍓 September

[www.culliganstoner.com](http://www.culliganstoner.com)



# How to Make Clothes Softer



Read full article: [Culligan.com](http://Culligan.com)

If having softer, brighter, more comfortable laundry is important to you, we have a few fabric softener alternatives for you to try!

## Baking Soda and Vinegar

Baking soda and vinegar are fairly effective as a DIY cleaner around your home and can be great for your laundry, too!

Top-loading washers: start the wash cycle, once the basin is full of water. add ½ cup of baking soda.

Front-loading washers: add ½ cup of baking soda into the laundry detergent slot.

Regular or distilled white vinegar on its own can do wonders, too; add ½ cup to your basin or fabric softener dispenser during the rinse cycle.

For a particularly powerful homemade fabric softener, you can combine the two: mix 1 cup of baking soda with 7 cups of white vinegar, then add about ⅓ cup to your wash cycle.

## Hair Conditioner

Your favorite hair conditioner can also double as favorite fabric softener. Choose your favorite scent, add 2 cups to a bowl with 6 cups of water and 3 cups of white vinegar, stir gently and add to the rinse cycle (using the same measurements as any other liquid fabric softener.)

## Borax

Adding borax to your washing machine can boost the softening to your laundry. For brighter and softer fabric, add about ½ cup of borax powder to your load.

## Homemade Dryer Sheet

Making your own dryer sheets is as easy as taking a scrap of cotton, soaking and wringing it out, then adding a few drops of essential oil. Its recommended to add the scrap piece of cotton about 10 minutes before the end of your dry cycle, in some cases, leaving the essential oil in the dryer can possibly cause a fire.

## DIY Dryer Balls

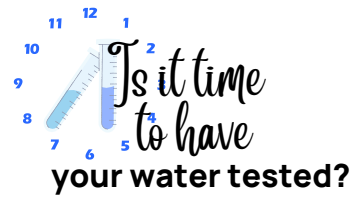
To reduce static electricity, and soften your clothes, you can substitute wool dryer balls for aluminum foil balls - wad up two or three and toss them into the machine.

## Water Softening

One issue that may be overlooked is your home's water. When you have hard water, high amounts of calcium and magnesium get trapped in your fabrics, leaving your clothing, towels, and favorite blankets stiff and less vibrant. The solution for hard water is a water softener. With a water softener, it not only makes your clothes softer and more vibrant (while using less detergent to get your clothes clean), and helps with the longevity of your major water using appliances.

## Other Benefits of a Water Softener

- ✓ No More Buildup
- ✓ Easier Cleaning
- ✓ Longer-Lasting Appliances
- ✓ Improved Hair and Skin
- ✓ Better Water Is The Best Fabric Softener



Have you have noticed any of these problems with your water, or any other issues...

White spots on your favorite dinnerware

Noticing build up on your shower heads & doors

Water is smelling like rotten eggs

Orange staining in your toilets & sinks

Water smelling like a swimming pool

Water is leaving behind blue/green stains

Take advantage of our **Free In-Home Water Quality test!**



**Culligan**

**(800) 678-6203**

Why choose Culligan Water Softeners for your home?

The answer: *We make water treatment easy.*

Learn more about water softening or schedule an online appointment

click here

With a Culligan Water Softener

Without a Culligan Water Softener



## Are There Side Effects of Drinking Tap Water?

Read full article: [Culligan.com](https://www.culligan.com)

We all know that drinking water is good for us. It helps with hydration, which may help with fatigue, and dizziness, among other symptoms. And, fortunately, with a majority of North American tap water having drinking water regulations enforced by laws, the water is generally safe to drink.

But, what if you have issues with your water that you don't know about? Let's explore some different contaminants and how they may affect your body.

### Minerals

As water travels to a main water source, it crosses through rocks, sand, and soil, gathering minerals. Fortunately, the more common minerals that are found in tap water are not connected to health problems. For instance, water with high amounts of iron can cause gastrointestinal problems, however minimal traces of iron provides us with healthy nutrients that our bodies need. The major issue with minerals like iron, calcium, and magnesium is staining in our tubs, sinks, and toilets.

### Nitrates

Nitrates are a natural occurrence in our bodies and even some of our favorite foods. Depending on where you live, typically nitrates are more prevalent in well water, and more commonly found in agricultural areas from run-off. If high levels of nitrates make it to your water system, side effects include gastrointestinal disturbances, can decrease blood pressure and increase heart rate, and can affect babies under 6-months old.

### Copper

Copper is a common mineral that is found everywhere, from plumbing in some homes to the Earth's crust, and there are many ways it can get into your water supply. While our bodies do need a particular amount of copper, too much of can lead to nausea, vomiting, liver damage, and kidney disease. Signs of copper in your water include a metallic taste and blue/green staining in your tubs, sinks, toilets, and fixtures.

### Lead

If your home's plumbing is made of lead this contaminant can even affect those on municipal water. Over time, lead pipes corrode and going undetected causes lead poisoning. Fortunately, lead poisoning is fairly uncommon, the side effects are an issue at any age; it can cause brain damage to unborn babies, learning disabilities in children, and cardiovascular problems in adults.

### Fluoride

Fluoride is a mineral that is occurs naturally and also something that is added to water supplies in North America to help fight cavities. The one concern with too much fluoride is it can cause fluorosis (tooth discoloration), however the amount of fluoride added to water supplies isn't commonly a health concern.

### PFAS Chemicals

PFAS, or forever chemicals, are a man-made contaminant that are colorless, tasteless, and odorless. Unfortunately, over exposure to these chemicals can have effects that span from decreased fertility to increased cancer risk. In the past few years the EPA has issued regulations for PFAS, however they won't be implemented until 2027.

The first step to discovering whether you have any of these water contaminants is to have your water tested. If any water issues are found, the easiest solution to having improved tap water is a reverse osmosis drinking water system (RO). While a RO can tackle some hard water impurities, it won't help with soap scum, mineral build-up, dry skin/hair, or other hard water problems. If hard water is your concern, you may also want to consider a water softener to tackle those water issues.

Our Summer Special has been Extended!

# \$250 off

## High-Efficiency Water Softeners & Water Filtration Systems



Limited time offer. Dealer participation varies. Financing available for qualified buyers. Cannot be combined with any other offer. Offer valid at Culligan Stoner Water & Stoner Quality Water.

Promo ends: 7/31/2024

Want to add some variety to your hydration?

If the summer heat has you reaching for your water-bottle, try one of these recipes to add some flavor for your taste buds!

### Slushie

#### Watermelon Slush

1 1/2 cups seedless watermelon  
1/2 cup chopped ice (2-3 cubes)

#### Instructions

Slice watermelon into 1-inch cubes. (Be sure to remove the rind.)  
Blend watermelon and ice in a blender until smooth.  
Add more ice if needed until it becomes desired slushy consistency.



### Infused water

#### Watermelon Honeydew Mint Water

1/2 cup watermelon chunks  
1/2 cup honeydew chunks  
2-4 sprigs mint  
Water  
Ice

#### Orange Kiwi

1 orange, sliced  
2 kiwis, peeled and sliced  
Water  
Ice



#### Instructions

Place in a jar or pitcher and fill with water. Refrigerate until ready to drink or at least 1 hour to allow flavor to infuse the water. Keep for 2-3 days in the fridge. Can be refilled with water two or three times, or until no longer flavorful.



For these recipes and more, [Click here!](#)

## The phases of the Culligan logo...



Have you noticed anything new with Culligan?

This year Culligan is going through some major revamping. The most noticeable change is we're introducing a new logo! In combination with our new logo, we intend to better educate communities about the water in their cities and neighborhoods. Additionally, we are thinking about our planet and aiming to heighten awareness of sustainability by encouraging the elimination single-use plastic bottles. One thing that hasn't changed is providing you with "water you love."

### "Water" they sayin'!

Both the water testing and installation appointments were on time. All 3 gentlemen were respectful of the home, friendly and informative. Thank you!

Camille K. | Fairlawn, VA

Knowledge service folks; from the office to the field.

Victor W. | Lovettsville VA

Great professionalism both on Sale and installation side. I would recommend your products and service.

Sterling M. | Great Cacapon, WV

The under the sink filter makes the water better than spring water and we use it for all the things we cook. The service tech came out and quickly found the problem and showed how to change the filters and the batter when needed. And we also have Culligan water softener system.

Ronald C. | Keedysville, MD



## How to Live More Sustainably in Everyday Life

Choosing to live sustainably doesn't necessarily mean changing your entire lifestyle. By making small changes and being more mindful of the environment you can help improve our planet for years to come.

### Reduce Household Energy Consumption

Simply unplugging your devices when you aren't using them doesn't only make a difference to your energy bill, it also helps reduce the carbon dioxide emissions from the power plants.

### Be a Smart Shopper

Using a reusable shopping bag helps cut down the amount of plastic bags that are found in landfills and oceans. Additionally, bigger named supermarkets generally have their produce shipped in from hundreds of miles away; you can combat this by shopping at farmers' markets and stores that source their food locally.

### Reduce Your Plastic Bottle Usage

Single-use plastic bottles are similar to plastic bags; a significant amount of energy goes into manufacturing them, and a majority of them end up in landfills and water ways. By using reusable bottles, not only are you saving money, you're helping save the planet.

### Go Paperless

A majority of paper products come from trees, one of the major players in combating pollutions in the air. By reducing the amount of paper you consume and instead opting for digital renderings of books or newspapers, receiving e-tickets for travel, events, and movies, and e-bills, you can help take care of the planet.

### Monitor Your Water Usage

On average, American families use about 80-100 gallons of water per day. By cutting back on shower time, toilet flushes, fixing any leaks, and watering your yard only when necessary, you help conserve water.

By making minor changes in your daily life and aiming to be more sustainable, you can help protect our planet for our future generations.



Read the full article at: [Culligan.com](https://www.culligan.com)