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## What Are Shower Filters and Do They Really Work?

Article: [Culligan.com](http://Culligan.com)

Looking for a solution for the chlorine smell coming through your shower head? Or perhaps have notice your skin has been extra itchy or your hair is dry and brittle or your hair color is fading quickly? You may be considering a shower-head filter as an easy DIY solution, or maybe you're wanting a more of a long-term solution. Not sure which route to take? We're here to give you some answers

Shower-head filters are an easy fix to chlorine; they combat the chlorine odor and the chemicals that leave your hair and skin dry and itchy. However, one downside is the filters need to be changed about every 6-months, depending on your water usage. Another concern is if your water worries are more extensive a shower head filter isn't going to address all of those issues.

### The question at hand is are these shower head filters worth it?

They are an easy or temporary fix for chlorinated water. You can pick up one of these shower heads at almost any home improvement store and they cost roughly \$20-\$100; they fit a majority of shower heads and are a simple DIY project.

Aside from potentially being costly to replace the filters every 6-months, if your water concerns are outside of the scope of chlorine, these filters aren't as effective as a more comprehensive system that tackles a multitude of contaminants. So you could be wasting time looking for the best shower-head only to find out you need a more practical system to filter your water.

### Alternative Solutions to Shower Filters

Shower-head filters aren't typically sophisticated enough to filter out contaminants such as calcium, magnesium, iron, and sulfur. If your water is hard or has these impurities you may want to consider a system that has a broader spectrum of filtering.

**A Whole-Home Filtration system** will provide you to cleaner water throughout your whole house. These systems tackle more than chlorine; they deal with iron, sulfur, and more, supplying you with refreshing filtered water for drinking, cleaning, and bathing.

**A Water Softening system** helps with removing hard water from your water to supply soft water throughout your home. A softener's job is to magnetize and eliminate the calcium and magnesium elements that may be in your water. Soft water benefits your skin and hair making it feel softer and smoother, leaves you with spot-free dishes, aids in eliminating soap-scum, and also helps with the efficiency and longevity of your water using appliances.

Overall, a shower-head filter may be a quick remedy for your shower experience. However, if your water has issues aside from just chlorine, you may want to consider a whole-home water filtration system, or water softener, as a long term solution. Having one of these systems not only provides you with a better feeling shower, you can enjoy cleaner water throughout your whole home.

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