



Scan QR for your FREE Water Quality Test!

Reminder: May is Drinking Water Month

14 EASY TIPS FOR Drinking More Water

Article from Culligan.com

Water is vital for life. It supports immunity, mood, digestion and more! Our bodies lose water through breathing, sweat, and everyday activities. Below are some easy tips to try out to insure you're drinking enough water:

- #1: Choose Reusable Water Bottles You Love
- #2: Replace Sugary Drinks
- #3: Drink Throughout the Day
- #4: Put Water in the Fridge
- #5: Make Your Own Healthy Flavoring
- #6: Set Drinking Water Alarms
- #7: Create a Routine
- #8: Drink With Meals
- #9: Start a Hydration Challenge
- #10: Drink When You Exercise
- #11: Drink Before You Get Thirsty
- #12: Know Your Dehydration Risks
- #13: Set Simple Goals
- #14: Find What Works

Start Your Hydration Journey Today

It's not always easy to stay hydrated. However, when you know what your body needs, you can start making plans to get more water during the day — and it all starts with improving your tap water quality. From there, you can choose filtration solutions, reusable water bottles and other hydration hacks to help you make drinking water a healthy habit.

Are you ready for better water? Take the first step by scheduling your free water test and consultation today.

Click Here
to Start Your Journey



May 14th is Mother's Day!



Happy Mother's Day!
(past, present, future, or to fur-babies.)

We hope you have a blessed day!



SAVE 10% ON YOUR NEXT Culligan Water PURCHASE!

Cannot be combined w/ other offer.
Valid @ Stoner Enterprises, Inc. Expires: May 14, 2024
& Stoner Quality Water, Inc. Code: MayEmail10%2023

Here's a cooler idea.
Ditch the disposable bottle.

BRING HOME BETTER, CLEANER, SAFER WATER WITH CULLIGAN BOTTLED WATER DELIVERY SERVICE.*

10 GALLONS FREE WITH 1-YEAR BOTTLED WATER CONTRACT



*Receive 10-Gallons of bottled water free-- with 1-year contract on bottle-water dispenser. See local dealer for details. Dealer participation may vary. Only applicable to current delivery area.
Offer good 04/10/23-06/11/23

IN CASE YOU MISSED IT: Our Open House & Customer Appreciation Day! was Saturday May 6th



Thank You!

To those who teamed up with us and those who came out to support us! We had a great time meeting everyone and look forward to our next event!

Culligan Water of Salem

2630 W Main St, Salem, VA 24153

Stop by for your water treatment supplies!

